

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS



7 th Dec	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup – from the hot counter	Cream of Tomato	Autumn vegetable	Butternut Squash & Coconut	Creamy parsnip	Minestrone		
Main course one	Beef lasagne	Slow roast pork shoulder with apple & pear sauce	Creamy chicken & herb	Oven Roasted Gloucester Sausages	Locally Sourced Chicken and Beef Burgers with Rolls and Burger Relish	Cauliflower sweet potato and Spinach Korma	
Main course two - one pot	Cauliflower & broccoli cheese bake	Bubble & squeak cake with chunky tomato sauce	Mushroom and Pepper Bake	Vegetarian Sausage		Vegetable and Bean Burger	Lamb Cherry Tomato and Spinach Dopiazza with Rice and Poppadum
On the side	Garlic Bread Sweetcorn	Roast potatoes baton carrots & savoy cabbage	Steamed Rice Cauliflower Green Beans	Creamed Potato Gravy Broccoli Roasted Root Vegetables	Chips, garden peas & baked beans	Steamed Long Grain Rice Mange Tout	
Jacket or pasta	Jacket Potato & Baked beans	Penne Pasta with Roast Pepper , Tomato & Basil	Jacket Potato & Baked beans	Fuseli Pasta with Creamy Smoked Bacon & Mushroom Sauce	Jacket Potato & Baked beans	Ricotta and Spinach Cannelloni	
Hot or cold dessert	Honey & lemon sponge	Chocolate and Cherry Mousse	Lime & coconut cheesecake pot	Apple Caramel Cake	Ice Cream with Strawberry or Chocolate Sauce	Chocolate tiffin bar	
Fruit & yoghurt pots	Watermelon Pots Strawberry Yoghurt	Diced Pineapple Mango Yoghurt	Diced Melon Duo Blueberry Yoghurt	Diced pineapple Pasion Fruit Yogurt	Melon and Berry Pots Raspberry Yogurt	Diced Pineapple Strawberry Yogurts	

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Main course one		Katsu Chicken Curry	Beef Bolognese	BBQ Pulled Beef In A Bap With Apple & Cabbage Slaw	Lamb Moussaka With Aubergine & Oregano	Portuguese Style Chicken (Piri Piri Chicken)	Pork Cumberland Sausages With Onion Gravy	Sunday Roast
Main course two		Roast Butternut Squash Wedges With Vegetable Curry Sauce	Tomato And Basil Sauce	Sweet Potato With Guacamole & Cherry Tomatoes	Tomato, Mozzarella & Basil Pizza	Falafels And Humus	Cheese and Tomato Tartlets	
On the side		Steamed Rice Naan Bread Samoas Onion Bhajis	Penne Pasta Mixed Salad Leaves Carrot Stick Celery Stick Cucumber Sticks	Shoe String Fries Garden Peas	Cajun Wedges Sweetcorn Rainbow Slaw	Flatbreads Tomato, Olives & Feta Salad Carrot Stick Celery Stick Cucumber Sticks	Curly Fried Potatoes Honey Roast Roots Baked Beans	
Hot or cold dessert		Lemon Posset With Autumn Berries	Banana & Cinnamon Bread	Chocolate Chip Shortcake	Chocolate Fudge Cake	Carrot Cake With Cream Cheese Frosting	Strawberry Mousse	



All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

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Breakfast



7th Dec Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Drink & hydration

Orange and Apple Juices
Milk

Orange and Apple Juices
Milk

Orange and Apple Juices
Milk

Orange and Apple Juices
Milk

Orange and Apple Juices
Milk

Orange and Apple Juices
Milk

Hot items

Bacon Baked Beans

Pork Sausage Poached Egg

Breakfast Frittata Spaghetti Hoops

Bacon Poached Egg

Sausage mcmuffin

Danish pasties
Pain au chocolate
Croissant
Chocolate twist

Brunch served in the senior School

Breakfast special

Danish Pastry

Pain au chocolate

Petit Pan

Chocolate Twist

Croissant

Toast & cereal

Toast & preserves, marmite

Toast & preserves, marmite

Toast & preserves, marmite

Toast & preserves, marmite

Toast & preserves, marmite

Toast & preserves, marmite

Frosties, granola or shredded wheat

Frosties, granola or shredded wheat

Frosties, granola or shredded wheat

Frosties, granola or shredded wheat

Frosties, granola or shredded wheat

Frosties, granola or shredded wheat

Fruit & yoghurt

Cut fruit pots, flavoured yoghurts & whole fruit

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